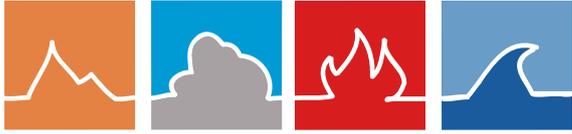


Youth Elements



Opportunities to aspire

Delivering outcomes in line with HACT and getting returns on social investments

Youth Elements CIC is the UK's young -adult led training and service provider. Our social purpose is to tackle unemployment, increase positivity, motivation and wellbeing in individuals. We achieve this through our accredited programmes for professionals and residents of all ages.

The programmes and training we deliver cover a wide range of positive social impact to ensure Housing Associations are meeting their organisational missions. Our huge range of programmes add value and support to communities. We work alongside the HACT model to ensure that we demonstrate the value for money on social and financial returns.

What are the HACT values?

Our popular peer mentoring programme can achieve a variety of the HACT values. We have a proven track record of the following:

- **Relief from depression/anxiety:** Through being part of a group and developing new relationships. Learners have the opportunity to be listened to, respected and share experiences, in a safe and supportive environment.
- **High confidence:** Participants develop a healthier sense of self through the reflection activities. Motivational discussions give them inspiration and a higher appreciation of themselves. A 'can do' attitude is instilled over the duration of the programme.
- **Employment:** The increase in confidence, self belief, self esteem and rise in motivation has encouraged participants to further themselves. Individuals have gone on to volunteering, employment and further education. That sense of value and supportive network gives participants the drive and determination to aim high.

We believe that people are in the best position to make a lasting difference in their communities.

We believe that investing and developing people is the best way to develop communities for everyone.

Outcomes

Average value measured

Feel in control of life	£15,894
Sense of belonging within community	£3,753
Improved confidence (adult)	£13,080
Relief from anxiety/ depression (adult)	£36,766
Leads to employment or education	£14,433
Ability to save regularly	£2,155





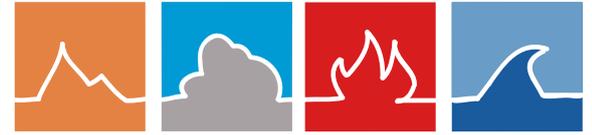
"We recognise the value and difference mentorship can make. For me the next important step was to empower tenants to support each other in this way, providing learning opportunities for tenants whilst also addressing softer barriers like confidence build-ing, raising aspiration and motivation. The partnership with Youth Elements has been brilliant, they have provided a excellent training programme and engaged with some of our hardest to reach tenants within Support Housing." Keira Burns Great Places Housing Group Great Opportunities - Employment & Training Manager

"I initially attended the staff taster day for the peer mentoring project so I was in a better position to promote the training to my residents. I was blown away by the enthusiasm that youth elements had shown and simply wanted more". Roman Dibden Employment & Training Co-ordinator - Great Places

I would work with Amina again because of her passion for the work that she does. Not only is she passionate, she is professional, dedicated and hardworking. Lilian Kibui, Latimer Group

"Working on a peer to peer basis, the power of this kind of delivery and the buy in from the clients was at a level not often experienced when working in this arena". Anita Gibson, Blackburn with Darwin Foyer Manager

Youth Elements



Opportunities to aspire

Youth Elements prides itself on delivering tailor made programmes and projects that meet the needs, aims and objectives of your organisation.



All our programmes are Assessment and Qualification Alliance (AQA) accredited

**Call us today on 0161 286 1566 or 07912 868 260
amina.waldron@youthelements.org.uk**